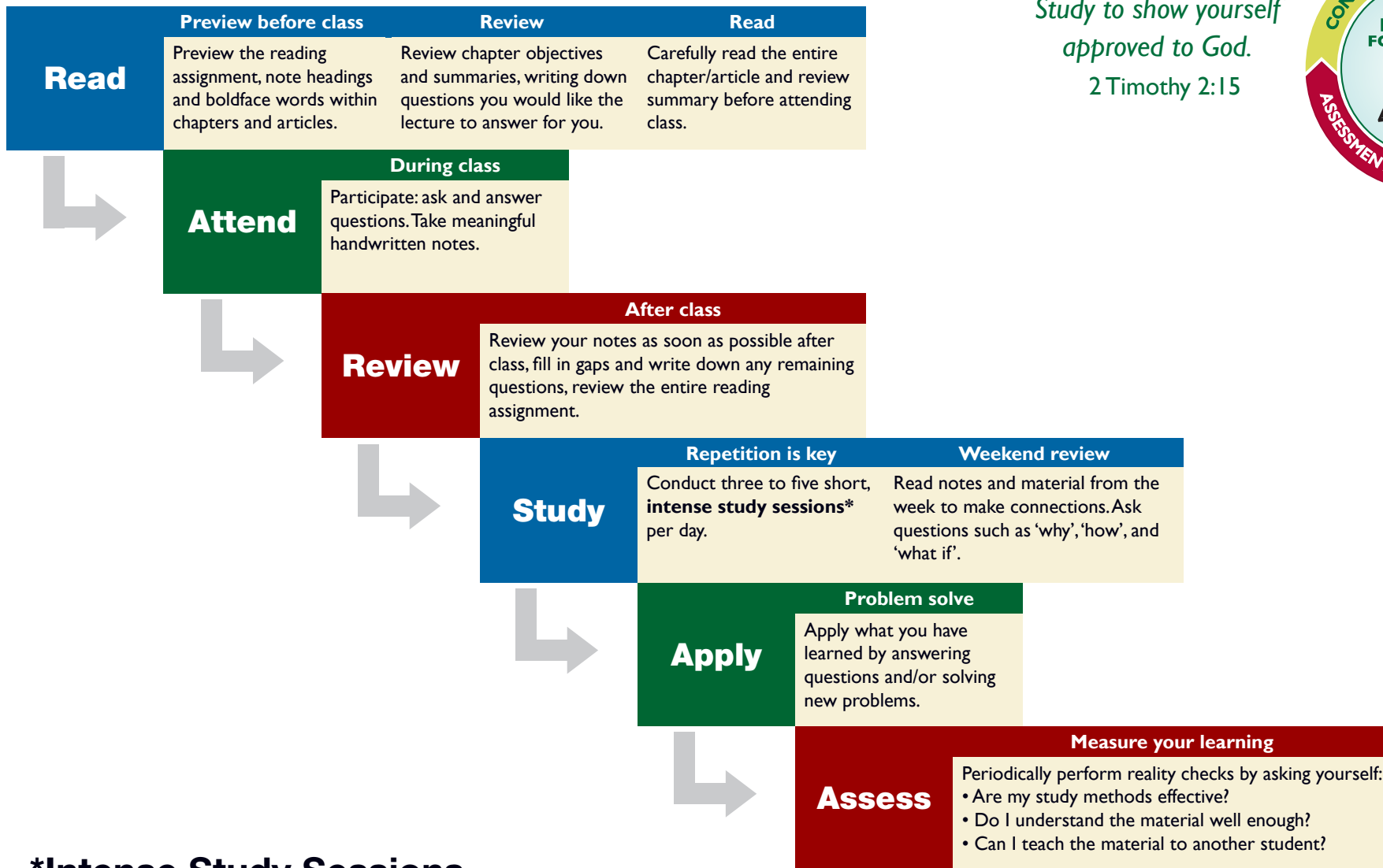


The Student Success Study Cycle



Study to show yourself approved to God.
2 Timothy 2:15



*Intense Study Sessions

- | | | |
|----------------------------|-------------------|--|
| 1. Set a Goal | (1 - 2 minutes) | Pray for God's direction as you study. Decide what you want to accomplish during your study session. |
| 2. Study with Focus | (30 - 50 minutes) | Interact with material: organize, map, summarize, process, reread, revise, reflect, review, and test yourself. |
| 3. Reward Yourself | (10 - 15 minutes) | Take a break: call a friend, go for a walk, play a short game, get a snack. |
| 4. Review | (5 minutes) | Go over what you just studied. |
| 5. Teach | (10 minutes) | Teach someone else what you just learned. Pray, ask God to give you wisdom and direction. |

