The Student Success Study Cycle

Study to show yourself Preview before class **Review** Read approved to God. Preview the reading Carefully read the entire Review chapter objectives Read assignment, note headings and summaries, writing down chapter/article and review 2 Timothy 2:15 and boldface words within questions you would like the summary before attending chapters and articles. lecture to answer for you. **During class** Participate: ask and answer **Attend** questions. Take meaningful handwritten notes. After class Review your notes as soon as possible after Review class, fill in gaps and write down any remaining questions, review the entire reading assignment. Repetition is key Weekend review Conduct three to five short, Read notes and material from the Study intense study sessions* week to make connections. Ask per day. questions such as 'why', 'how', and 'what if'. Problem solve Apply what you have Apply learned by answering questions and/or solving new problems. Measure your learning Periodically perform reality checks by asking yourself: Assess Are my study methods effective? Do I understand the material well enough? Can I teach the material to another student?

*Intense Study Sessions

1. Set a Goal(1 - 2 minutes)Pray for Control2. Study with Focus(30 - 50 minutes)Interact of Control3. Reward Yourself(10 - 15 minutes)Take a brown of Control4. Review(5 minutes)Go over the Control

(10 minutes)

5.Teach

Pray for God's direction as you study. Decide what you want to accomplish during your study session.

Interact with material: organize, map, summarize, process, reread, revise, reflect, review, and test yourself.

Take a break: call a friend, go for a walk, play a short game, get a snack.

Go over what you just studied.

Teach someone else what you just learned. Pray, ask God to give you wisdom and direction.



FOUNDATION

Power for Mind & Soul