

Southern Shuffle 5K

25-Oct-08

Ferlyn Reyes a student at Southern Adventist University won the Southern Shuffle 5K with a time of 18:12.80. Ferlyn outdistanced fellow students Chris Beddoe (18:43.61) and Bo Benge (18:57.79) for the win. For the females, Southern Adventist University student Cassie Brauer (21:12.79) was first, followed by Julie Meyer (22:23.89) of Southern Adventist University second, and Caitlin Duggan (23:03.20) of Chattanooga was third.

The masters male winner was Robert Davis of McMinnville, TN with a time of 19:00.15. The masters female winner was Jill Richmond of Ringgold, GA with a time of 25:07.36.

The Southern Shuffle is held the last Saturday night of October each year in conjunction with alumni weekend. A total of 93 runners participated this year.

Overall Male Winner

1 (1) Ferlyn Reyes 18:12.80

Overall Female Winner

1 (13) Cassie Brauer 21:12.79

Male Masters Winner

1 (4) Robert Davis 19:00.15

Female Masters Winner

1 (38) Jill Richmond 25:07.36

Males 10-12

1 (44) Davin Daum 27:36.21

Females 10-12

Males 13-15

1 (7) Jake Dedeker 19:38.61

2 (11) Seth Ruhling 20:12.08

3 (19) Scottie Scott 21:59.68

4 (37) Cameron Beem 24:56.57

5 (52) James Larson 28:55.24

Females 13-15

1 (27) Caitlin Duggan 23:03.20

- 2 (36) Alexandra Whittington 24:55.56
- 3 (48) Jessie Martin 28:29.24
- 4 (50) Hahna McGrath 28:44.70
- 5 (66) Devon Milholm 32:22.81
- 6 (82) Emily Hartman 38:36.20

Males 16-19

- 1 (2) Chris Beddoe 18:43.61
- 2 (5) Kyle Benge 19:04.63
- 3 (6) Chett Clayton 19:37.59
- 4 (8) David Macias 19:54.10
- 5 (10) Chris Ennis 20:02.09

Females 16-19

- 1 (30) Heidi Bullock 23:43.66
- 2 (31) Jessica Ewing 24:13.74
- 3 (51) Hannah Smith 28:49.84
- 4 (58) Lacy Taylor 29:40.57
- 5 (54) Meghan Cory 29:28.41
- 6 (91) Kaitlin Johnson 51:30.36

Males 20-29

- 1 (3) Bo Benge 18:57.79
- 2 (15) Ryan Senecal 21:14.40
- 3 (17) Andrew Edwards 21:46.25
- 4 (24) Brett Martin 22:30.95
- 5 (26) Patrick Johnson 22:47.24
- 6 (40) Joe Schulman 26:44.44
- 7 (41) Rennis Bodden 26:45.67
- 8 (53) Paul Boccie 29:01.61
- 9 (45) Randall Van Dolson 28:16.94
- 10 (73) Tim Simmons 35:08.48
- 11 (79) Brandon Spurgin 37:42.59

Females 20-29

- 1 (21) Julie Meyer 22:23.89
- 2 (29) Karin Krey 23:37.35
- 3 (49) E. Lynn Farrow 28:33.11
- 4 (60) Rebecca Ammons 30:19.32
- 5 (61) Britni Brannon 31:06.48
- 6 (63) Nicole Young 31:48.22
- 7 (65) Angel Cavanaugh 32:18.74
- 8 (69) Rachel Kemp 33:21.29

9 (70) Alexandra Waugh 34:02.34
10 (77) Jennifer Williams 36:08.26
11 (78) Aishlea Spurgin 36:41.09
12 (83) Trisha Prencipe 40:04.43
13 (86) Amy Cooley 43:25.16

Males 30-39

1 (9) Franklin Farrow 19:54.50
2 (14) Brian Lowman 21:13.55
3 (16) Chad Nash 21:28.42
4 (20) Steve Morrison 22:22.89
5 (22) John Windom 22:25.26
6 (25) Chris Carey 22:43.17
7 (32) Jeff Keith 24:41.28
8 (35) Darryl Wilkens 24:53.45
9 (42) David Cavanaugh 27:18.86
10 (43) David Smith 27:31.71
11 (55) Peter Cory 29:31.91

Females 30-39

1 (47) Tamatha Farrow 28:23.97
2 (57) Beth Ford 29:38.17
3 (59) Monica Daum 29:40.92
4 (67) Cheryl Howe 32:30.50
5 (68) Tamara Ritterskamp 33:10.84
6 (75) Tami Downs 35:30.68
7 (76) Crystal Richardson 35:36.76
8 (84) Marianne Mankin 40:05.22
9 (87) Jennifer Cooley 45:09.15
10 (92) Shonda Jones 52:14.48

Males 40-49

1 (12) Ray Beem 20:59.70
2 (33) Jay Dedeker 24:50.00
3 (39) Darren Richmond 25:08.35
4 (56) Mark Duggan 29:37.60
5 (62) David Brannon 31:31.70
6 (64) Laverne Keizer 32:09.98
7 (74) Brent Bird 35:09.00
8 (90) Rob Raney 51:22.91

Females 40-49

1 (71) Ginger Duggan 34:38.24

- 2 (80) Laura Wilkins 38:28.08
- 3 (85) Terri Satterfield 41:59.62
- 4 (93) Dane Layne 52:55.23

Males 50-59

- 1 (18) Glen Hicks 21:53.40
- 2 (23) Bobby Smith 22:30.23
- 3 (28) Brian Wilson 23:08.15
- 4 (34) Dennis Ford 24:51.50
- 5 (89) Jerry Ferrari 40:05.00

Females 50-59

- 1 (46) Rhonda Scott 28:20.35
- 2 (72) Elaine Edwards 34:49.22
- 3 (88) Sharon Ferrari 40:04.00

Course Records

- Male Open - Colin Ivey 17:17.61 (2006)
- Female Open - Jessica Marlier 18:32.15 (2006)
- Masters Male - Robert Davis 19:00.15 (2008)
- Masters Female - Jill Richmond 25:07.36 (2008)
- 3 (52) Tim Attride 30:23.15
- 4 (53) Jungsuk Suh 30:24.27
- 5 (67) Justin Spaely 32:09.15
- 6 (86) Jared Miller 33:50.64
- 7 (97) David N Uphum 34:45.34
- 8 (112) Tim Taylor 41:30.11
- 9 (135) Richard Means 49:16.00
- 10 (145) Lance Pritchard 58:31.01

Females Fitness for Life Class F

- 1 (43) Katelyn Gonzalez 27:38.31
- 2 (44) Nicole Donaschlue 27:56.94
- 3 (47) Laura Brownlow 28:30.68
- 4 (92) Jennifer Meyer 34:19.31
- 5 (94) Sarah Crowder 34:35.50
- 6 (105) Jeny Yu 38:56.16
- 7 (108) Ivy Joo 40:10.18
- 8 (111) Yesenia Tovar 41:25.93
- 9 (137) Charisse Middleton 49:58.47
- 139 Jonece Griffin 36:36
- 140 Rachel Fehl 36:53
- 141 Sarah Quimby 36:04

142 Betty Lisa 36:05
143 Melissa Seidel 37:06
144 Jessica Halterman 37:10

(71-80)

145 Elisabeth Dempsey 37:36
146 Jaimee Foote 37:37
147 Cassi Sommerville 37:58
149 Meggan Johnson 38:18
152 JP Mathis 38:51
153 Satora Johnson 39:13
154 Sarah Jaaskelainen 39:21
155 Joanne Fontanilla 39:35
157 Jana Miles 39:38
158 Natalia Mendez 40:15

(81-90)

159 Jasmeyry Liriano 40:16
160 Brittanya Netzel 40:19
161 Julie Lander 40:20
162 Michelle Wildman 40:20
163 Esther Ortega 40:25
164 Molly Huisman 40:26
165 Jill linthwaite 41:23
166 Jasmine Saxon 41:25
167 Lorali Carbajel 41:29
168 Autumn Davis 41:44

(91-100)

169 Michelle Carmona 41:45
170 Marla Seasley 41:46
171 Emily Mirghez 41:57
172 Marianne Nafie 41:58
175 Einiko Miyagi 43:37
176 Lucile St. Martin 43:38
177 Alexi Boddy 44:16
178 Jessica Hudak 44:26
179 Ann Larsen 44:27
180 Shenise Paige 44:43

(101-110)

181 Hannah Morgan 44:43
182 Melissa Miller 45:10
183 Michell Armstead 45:47
184 Abby Schuster 46:03
185 Sarah Paris 46:04
186 Christa Thompson 46:15

187 Cristina Hernandez Persia 46:59

188 Jane Mashburn 47:49

189 Megan Lang 47:50

190 Alexandra Knight 47:52

(111-116)

191 Ashley Jensen 47:53

192 Kayla Ramsey 47:55

193 Lauren Schmidt 49:20

194 Jaenla Fernandez 52:14

195 Anotte Gedeon 52:14

196 Jeannette Frick 52:15